



SHANKU PARPAM

Ref: Siddha Vaithiya Thirattu



Ingredients:

- *Tribine pyrum*
- *Pistia stroites*
- *Citrus aurantifolia*

Action:

Shanku Parpam acts on colic diseases and cures the gastrointestinal disorders. It regulates digestion.

Indications:

Shanku Parpam can be prescribed for the following conditions.

- Stomach ache & colic diseases
- Bloating
- Removes the burning sensation of Eyes

Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
120~200 mg	-	-	Ghee	10 ml	Y	Y	Y	-	30

Direction : - Take the prescribed quantity of Shanku Parpam, mix with 10 ml ghee and consume 30 minutes before food.

Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

Side Effects:

Shanku Parpam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

Note: The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.